

VOLUME XI, PART 1, JANUARY/FEBRUARY 1995 NEWSLETTER OF THE FLORIDA GOLF COURSE SUPERINTENDENTS ASSOCIATION



Pictured from left are Trey Turner, Miles; Jim Watson, Van Waters & Rogers; Steve Jackson, United Agriculture Products; David Barnes, Ag Resources; Jack Harrell, Jr., Harrells Fertilizer; Lee Bloomcamp, Miles; Scott Bell, FGCSA President; and Dr. Greg Pagano, Miles.

Photo was snapped at the Florida Turfgrass Convention in September where Miles, Inc. announced the results of their Market Support Program. Distributors were on hand to present rebate checks to the FGCSA Research Fund. This successful program will be repeated for 1995.

UPCOMING EVENTS

Jan. 6	3rd Annual LCCC Endowment Fund Golf Tournament, Riverwood GC	Jan. 19	PBGCSA Assistants Day, Palm Beach Community College	Mar. 10	Everglades chapter Regional Seminar, Dr. Joe Duich, Penn State Univ., featured speaker
Jan. 9	West Coast chapter meeting Avila CC	Jan. 19	Ridge member/vendor outing, Huntington Hills	Mar. 16	South Florida Expo/U of F Field Day, Ft. Lauderdale
Jan. 9	FTGA Research Golf Tournament, Interlachen CC	Jan. 30	Suncoast chapter Supplier Appreciation Day, Bradenton CC	Mar. 17	GCSAA Spray Tech Seminar, Tampa Palms G&CC
Jan. 10	IFAS seminar, Sheraton Harbor Hotel, Ft. Myers	Feb. 20 - 27	66th Annual GCSAA Conference and Show,	Mar. 23	GCSAA Spray Tech Seminar, Eagle Creek CC, Naples
Jan. 12	Palm Beach chapter meeting Audubon Workshop, Banyan GC, Lake Worth		Moscone Center, San Francisco	Apr. 4	USGA Conference, Marriott, Palm Beach Gardens
		Feb. 24	FGCSA Reception, San	Apr. 6	USGA Conference, Marriott
Jan. 12	Treasure Coast chapter meeting, The Moorings,		Francisco Marriott Hotel		Airport, Orlando
	Vero Beach	Mar. 6	4th Annual Ridge Invita tional, Grasslands G&T	Apr. 24	3rd Annual Envirotron Tournament, World Woods GC

PRESIDENT'S MESSAGE by Scott Bell

First off, I would like to wish everyone a Happy and Prosperous New Year. May 1995 be lined with green fairways, smooth greens and, most of all, happy golfers.

Hopefully most of you will be able to get out to San Francisco for the GCSAA Conference and Show. Remember to attend the best hospitality party during the show at the Marriott Hotel on Friday night, February 24th. Please thank the suppliers who help us put on this great night and let them know that you appreciate the support. Also try to stop by the Florida GCSA booth at the trade show. Since we are the host for 1996, we have a booth. We would appreciate any help staffing the booth, especially from the



Scott Bell

Central Florida members. One or two hours of your valuable time is all that we ask.

I was recently contacted by George Whistler of Precision Equipment regarding the FLYMO. Due to impending Clean Air Legislation, the California Air Resource Board is probably going to outlaw the 2-



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The Green Sheet is a bimonthly FGCSA newsletter printed as follows: Jan./Feb., March/April, May/June, July/Aug., Sept./Oct., Nov./Dec. Financial Support: This issue of the Green Sheet is being sponsored by:

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Deadline next issue, February 15.

cycle engine used on the Flymo and the various copies. Big deal, what does California have to do with us? Well, it is very likely that the United States EPA will adopt the California standards since they are the supposed experts in air quality. The application of California laws to Florida is a whole other issue that could be discussed but the problem is we could lose the Tecumseh 2cycle that we are presently using. George tells me that a 4-cycle replacement engine that could withstand the odd mowing angles would cost about \$300.00 more than what we are now paying. I know that almost all of us use Flymos in our mowing programs. I have a few friends who really rely on flymos. I have included the name and address of the California Air Resource Board, Please send them a short note asking them to consider flymos the way that they consider hand held tools like chainsaws (which are going to be limited). A flood of letters may help us keep a valuable tool. Thank you.

Mr. R. B. Summerfield Assistant Division Chief Mobile Sources Division Air Resource Board 9528 Telstar Avenue El Monte, CA 91731-2990 Phone: 818-450-6152

Also contact Senators Graham and Mack. Their addresses are in every phone book. If you have any questions, call me or George Whistler at Precision.



1995 FGCSA Reception at San Francisco Marriott

All members of the Florida GCSA are cordially invited to attend our annual reception at the GCSAA Conference and Show. This year the reception will be held on Friday evening, February 24th, from 6:00 - 9:00 p.m at the San Francisco Marriott Hotel (Association Headquarters). Sponsors are:

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Upcoming Golf Fundraisers

The 3rd Annual LCCC Endowment Fund Golf Tournament will be held at Riverwood GC on Friday, January 6th. An 8:45 a.m. shotgun start will follow the registration period. Format will be a two man scramble using 30% of total combined handicaps. Registration fee is \$130.00 per team. For further information, contact David Fry at 813-482-0612 or 813-472-3355.

Three days later, the FTGA Research Tournament will be held at Interlachen GC on January 9th. Anyone who has participated in this event in the past can vouch that it is one of the best deals around. Contact the FTGA office for registration information and last minute details.

Everglades GCSA Sponsors Two Educational Seminars

The Everglades chapter members have two outstanding seminars planned for January and March.

SW FloridaTurfgrass Management Seminar:

This yearly seminar co-sponsored by IFAS will be held on January 10th at the Sheraton Harbor Place in Ft. Myers. The 8:15 a.m. morning session will include Bert McCarty, "Weed Management in Warm Season Grasses" and Dr. Monica Elliott, "Turfgrass Disease Update". After lunch Dr. John Cisar will speak on Exposure Risk from Pesticide Applications; Craig Watson will describe Aquascaping; Jim Pugh will demonstrate how to select and maintain annual flower plantings; and the day will conclude with an informative talk on Mix-Load Sites and Equipment Wash Down Areas by Darren Davis and Larry Moore.

CEU's have been applied for from the GCSAA and the Florida Department of Agriculture. On site registration fee will be \$60.00. For directions and a registration form, please contact the IFAS Office of Conference on the University of Florida campus.

Everglades GCSA Spring Turfgrass Seminar:

This year the Spring seminar will be held on Friday, March 10, 1995 at Worthington Country Club in Bonita Bay. The morning session will include an update on the New York Audubon Society by Ron Dodson; an explanation of the new Turfgrass Certification Program by Dr. Al Dudeck; and an informative discussion on Water Quality by Dr. Clark Throssel of Purdue University.

The featured speakers for the afternoon session will be Dr. Joe Duich of Penn State University and Dr. James Watson of Toro.

Circle this date on your calendar and look for more details on this exciting seminar in the March/April issue of the Green Sheet.

Public Access Golf Course Expo Held in November

by Joel D. Jackson, CGCS

There's a new conference and show on the block! Golf Course News, the Newspaper of the Golf Industry, sponsored a two-day event held recently in Orlando on November 11th and 12th. In keeping with the theme of the industry's most comprehensive publication, the conference offered sessions in Course Maintenance, Course Development, and Course Management, and a trade show for suppliers.

Without question, the highlight of the event was the two outstanding keynote addresses. Golfing legend, Arnold Palmer, kicked off the conference with a very insightful and well received presentation on Friday. Saturday's keynote speech was a relevant and realistic look at the future of golf from the perspective of golf architect, Bobby Jones, Jr.

The folks at Golf Course News have targeted educating and promoting public access golf as their goal. Rightly or wrongly they have perceived the other major conferences — GCSAA, FTGA, et al. — as being narrowly focused on either just turf maintenance or primarily private club operations. It is interesting to note that the GCSAA has added the topic "Public Golf" to the concurrent session program this year in San Francisco.

Some folks may perceive this event as treading on the FTGA's domain, but I found about 90% of



The staff of The Golf Course News compare notes at the end of the first day of the Golf Course Expo held in Orlando



Joe Ondo (right) checks out Ransome's E-Plex greensmower. Golf Ventures sales rep, Wayne Sloan (left), said there was a lot of interest from the out-oftowners at the Show.

the attendees to be from out of state in the maintenance session I attended. Golf Course News has been holding educational conferences around the country for years. The trade show aspect is a new addition. As far as location selection, everyone likes to come to Orlando for a variety of reasons. Like any entity, it will either find its niche and survive or it will not.

It seems as though all of our calendars are filling up with meetings, educational conferences and seminars, fund raising tournaments, and trade shows. Only you can decide which will fit your schedule, budget, and professional and personal growth needs. The Golf Course Expo is now another item on the menu. They'll be back next year on November 9th and 10th.

1994 GCSAA Regional Seminar Report

Twenty-seven superintendents paid \$100 each to find out that first of all you can't eliminate stress from your life and secondly, if you did, you'd probably turn into a vegetable! They did, however, learn to identify the causes and warning signs of stress, the effects of stress on the body, and ways to minimize or eliminate the negative effects of stress.

Dr. Bree Hayes, popular GCSAA instructor and private consultant, led the seminar held at the Marriott Expocentre in Orlando on November 10th. Her easy going style and relaxed manner set the stage for the attendees to openly discuss the stresses in their lives that they felt comfortable sharing in small work groups. Everyone was given an option to "pass" on any question if the stress origin was too sensitive. In this nonthreatening atmosphere, work and family concerns were laid bare to the collective problem solving suggestions of the various groups.

Some key points to remember:

* Stress is the body's reaction to change.

* Stress is not always negative (Distress), which can be debilitating. Positive stress (Eustress) can be a motivator.

* The body's biochemical reaction to stress positive or negative is the same.

* Cause of stress include: (1) Poor quality relationships; (2) Sense of powerlessness; (3) Role conflict; (4) Life changes; (5) Life stages: 30's, 40's, 50's, etc.; (6) Internal sources; (7) Institutional practices and policies; (8) Loss of purpose; (9) Poor time management.

* Thoughts that cause stress: (1) Making mistakes is terrible; (2) It is essential to be loved by everyone; (3) I must always be competent; (4) Every problem must have a perfect solution; (5) If others criticize me, I must have done something wrong; (6) I can't change the way I think; (7) I must rarely show weakness or cry; (8) Strong people don't ask for help; (9) Everything is within my control; (10) Other people should see things the way I do; (11) People should do what I want because they love me; (12) The world ought to be fair.

* Coping strategies: (1) Identify what is causing the stress; (2) Talk it out with someone; (3) Get adequate physical exercise; (4) Eat a proper diet; (5) Get correct amount of sleep; (6) Reserve alone time; (7) Meditate; (8) Keep the faith; (9) Be assertive; (10) Help someone else; (11) Use fantasy as an escape technique; (12) Practice controlled breathing; (13) Practice muscle tensing and relaxing; (14) Maintain a sense of humor; (15) Practice yoga.

* Two major stress categories: (1) Chronic, which is on-going. Related to relationships, working conditions, etc. Symptoms: aching muscles, neck or back. Cure: biofeedback, muscle tensing and relaxing; (2) Acute, which is at the moment, caused by a particular situation. Symptoms: increased heart rate and pulse, perspiration, shortness of breath. Cure: deep breathing, de-sensitization.

* Five steps to make it through a stressful situation: (1) Identify what causes the stress; (2) Anticipate it ... rehearse what might happen; (3) Practice relaxation (breathing and muscle tensing and relaxing); (4) Try to experience the event as an outside observer while its going on (5) When successfully endured, reward yourself!

Dr. Hayes emphasized the importance of being able to read the warning signs of stress that are manifested by our behavior and our bodies. She drew the analogy of taking heed of the gauges and warning lights on the dashboard of our automobiles, noting that we often take better care of our vehicles than we do of ourselves.

When superintendents sit down together they find they have many things in common including sources of stress, some of which is self inflicted by the perfectionist nature of our jobs. On this day they also found ways to deal with it. If you have a chance, take this seminar.



Brian Jenkins, President of the Central Florida GCSA, introduces Dr. Bree Hayes, instructor for the Personal Stress Managment seminar held in Orlando.

Superintendent Tournaments Earn Dollars for Research

West Coast's 31st Annual Bud Quandt Golf Tournament

The 31st Annual "Bud Quandt" Golf Tournament was played on October 31st at the Pasadena Yacht & Country Club. This great event supported and sponsored by members of the Florida West Coast chapter raised over \$13,500 which will be given to worthy causes and deserving charities over the course of this fiscal year.

A special thanks to Scott Mason and all of the staff at Pasadena Yacht & CC for their always gracious hospitality and a fine conditioned golf course. Low gross honors went to the team of Mike Cook, Bobby Harding, Chris Myers and Troy Futch with a 56. Low net was won by Mike Ayer, Jim Witt, Chuck "Low Net" Rogers, and Buddy Blandford with a score of 60.

Platinum Sponsors were: Golf Ventures, Nematode Controllers, Tampa Bay Turf, Ag Resources, Great Greens, Terra, Quality Grassing, Liquid Ag, Tresca, Harrell's, Miles, Vigoro, Liquid Ed, Almar, DowElanco, AgrEvo, Lansbrook Golf Club and Isla Del Sol GC.

Gold Sponsors were: Andy's Plant Aids, Richard Ferrell, Wesco Turf, Van Waters & Rogers, Jahna Industries, Ciba, Environmental Waterway, and Gold Kist.



The Zakany brothers enjoy the LCCC Golf Tournament

Lake City Alumni Tournament

The Lake City Community College Golf and Landscape Operations Alumni Association recently held its annual fund raising golf tournament at Deer Creek Golf Club. The proceeds from this years tournament went to the Andrew Clark Memorial Scholarship Foundation. This year the committee raised \$3,500 for the fund, making this another successful tournament.

The Alumni Committee would like to thank each and every sponsor and alumni who helped out with the tournament and hope to see each and every one of you at the tournament in Tampa next year. The Annual Tournament is traditionally played on the Saturday preceeding the FTGA Conference and Show. We hope that all of the alumni can support the companies that supported LCCC.

Sponsors included: United Horticultural Supply, Boyd Irrigation, R. S. Walsh Landscaping, Almar Chemical, ISS Golf Services, Golf Agronomics, Central Florida Turf, Harco Fittings, Wesco Turf, Zaun Equipment, Sunniland, Environmental Waterway Management, Rhone-Poulenc, AmerAquatic, Precision Small Engine, Jason McCoy, E. R. Jahna, Southern Golf Products, Milliken Chemical, Club Car, NuCrane Machinery, Sullivan Electric & Pump, Hector Turf, Golf Ventures, and Treasure Coast GCSA.

ACSP's Resource Inventory - An Essential First Step by Marla Briggs

Filling out the Resource Inventory is an essential first step in starting the Audubon Cooperative Sanctuary Program on your golf course. The inventory gives you a chance to describe the size, unique features, and management of your course and helps New York Audubon (NYA) staff "get to know" your property. From this information, NYA makes recommendations for ways to begin or expand habitat enhancement and conservation projects. If you haven't returned your inventory yet, give it another look. The following tips will help you get started:

First thing first: The best way to start out any form is to fill out any information that you already know. Leave the things that you don't know or are unsure of for later.

Take it in pieces: Many projects can seem overwhelming if you try to do them all at once. Take your time. Spend ten minutes every day, such as at lunch and fill out one page. In a week you'll have the whole Resource Inventory completed.

It'sOK to write, "I don't know":

Feel free to write "I don't know" if needed. There may be times when you seriously don't know the answer to a question in the inventory. It's fine to say so. The important thing is to get started. Answers to common questions about filling out the Resource Inventory: What is the ACSP looking for?"

Don't be in-Acreage: timidated by having to write down the amount of acreage for different habitats on your course. We are not looking for exact numbers, but vour best guesstimate. Another hint with acreage is in reference to golf courses that are part of a larger property, such as a resort or park. When filling out acreage, specify whether it refers to the total property or just the course, and try to include both where possible. For example: Total # of Property Acres: course = 150, resort = 2000.

<u>History of site</u>: If your site was previously undeveloped, please tell us what type of vegetation was present, such as forest, wetland, or grassland.

<u>Photos/slide</u>: Photos or slides are always helpful in illustrating a course's natural environment. Pictures of water features and any natural areas are especially useful.

Wildlife information: Many people are overwhelmed by this question, but be assured we're not looking for a list of every species that ever occurred on the site. Just list a few of the major species that you have seen. If you don't know what something is, look in a field guide, send us a picture or simply omit it.

Endangered and threatened species: If you know or endangered or threatened species, be sure to list them. If you are unsure whether or not you have any endangered or threatened species on your course, just write "I don't know."

Call the ACSP anytime between 9 a.m. and 5 p.m. EST, Monday through Friday at 518-767-9051. If you ever have any questions about filling out the Resource Inventory, please call us. We're here to help.

ACSP Workshop Planned for Palm Beach

The third Florida Audubon Cooperative Sanctuary Program Workshop will be held at Banyan Golf Club in West Palm Beach on Thursday, January 12th, 1995. The meeting is being sponsored by the Palm Beach GCSA and will also be the monthly meeting of the South Florida GCSA.

Registration is limited to 55 and is already filling up. Please call Marie Roberts to sign up for this workshop. .5 GCSAA CEU's will be awarded for attendance. The cost of the workshop, including continental breakfast and lunch, is \$40.00.



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